



# MS Chellamuthu Institute of Mental Health and Rehabilitation

promoting leadership in mental health care

(The HRD initiative of MS Chellamuthu Trust & Research Foundation)
A COLLBORATIVE INSTITUTION OF ALAGAPPA UNIVERSITY, KARAIKUDI

Prospectus 2023





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### **About us**



MS Chellamuthu Institute of Mental Health and Rehabilitation is a premier educational institution founded in the year 2008 and strives to develop compassionate, competent, and committed human resources in the mental health field. The institute is one of its kind, promoted by pioneers in the field of Mental Health care in Tamil Nadu.

The programs offered by the institute are aimed at giving the best learning and clinical experience to our students. The institute has a team of competent and well-qualified staff with a blend of professional and academic experience. The institute has gained a name as a specialty institute in mental health in Tamil Nadu and takes pride in providing experiential learning and research opportunities for our students.

#### **Our Vision**

Promote leadership in Mental health

#### **Our Mission**

Develop competent, confident, and compassionate mental health professionals through training to lead the quality care movement in mental health.

### What sets us apart

Clinical exposure
Academic and Clinical
mentoring
Experiential learning
Assured placement

## Academic Infrastructure



Competent & compassionate teachers



Excellent Clinical mentoring



Experiential Learning



Fully equipped library



Research & Publication



## Clinical Infrastructure

#### **Ahana Hospitals**

150 bedded neuropsychiatry hospital, NABH accredited.

#### **Bodhi**

450 bedded rehabilitation facility

#### **Aakaash**

Special School for the children with mental retardation

#### **Trishul**

30 bedded center for rehabilitation of persons dependent on substances

#### **Care Factory**

Facility that is focused on promoting the livelihood of persons with mental disabilities

#### **SPEAK**

Suicide prevention initiative

Community and School based mental health projects

### **Our Team**



**Prof G Gurubharathy** 

Principal

Prof G Gurubharathy is the Principal of MSCIMHR. He has more than 30 years of experience in teaching Social Work. He is one of the leading Mental Health trainers and is a consultant for various community based mental health projects.



**Dr. Kannan M**Director of Research

Dr. Kannan M is a very passionate Researcher who has his MPhil (Social Work) from TISS, Mumbai, and Ph.D. (Social Work) from Madurai Kamaraj University. He has provided Research Guidance for MSW, M.Phil. and Ph.D. Scholars and approximately over 500 students have benefitted from his guidance.



#### Dr. Janet Vasantha Kumari

Director of Counselling

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Dr. Janet Vasanthakumari has done her Ph.D. in Social Work from Madurai Kamaraj University. She has around 3 decades of teaching experience in the field of Social Work.



#### Dr. Anthea Washington

Professor

Dr. Anthea Washington holds a Ph.D. in Social Work from Madurai Kamaraj University and has specialized in Personnel Management & Industrial Relations in her post-graduation. She holds an MBA in Education Management from Alagappa University. She has over 25 years of experience in higher educational institutions in the field of HR and professional development.



#### Dr. M Selvi

Consultant Clinical Psychologist

Dr. M Selvi did her MPhil (Clinical Psychology) from Kasturba Medical College, Manipal, and Ph.D. (Clinical Psychology) from the National Institute of Mental Health and Neurosciences (NIMHANS), Bangaluru. She has more than 10 years of clinical practice along with rich teaching experience.



#### Dr. R Selvi Kumari

Consultant Clinical Psychologist

Dr. R Selvi has her MPhil (Clinical Psychology) and Ph.D. from the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru. She has more than 10 years of clinical practice along with rich teaching experience.



#### Dr. Veerabalaji Kumar

Associate Professor

Dr. Veerabalaji is a Homeopathic Doctor with a Ph.D. in Psychology from Bharathiyar University, Coimbatore. He has more than 10 years of clinical experience and more than 15 years of training and teaching diversified students.



#### Ms Saadhvi Nirmal

Assistant Professor

Ms. Saadhvi Nirmal has completed her MSc in Applied Psychology from Women's Christian College, Chennai and MPhil in Psychology from University of Madras, Chennai. She has done intensive research on Career Plateau of employees, Emotional Intelligence and Parenting Styles.



#### Ms Kaviya Ramesh

Assistant Professor

Ms Kaviya Ramesh has completed her Post Graduation in Counselling Psychology at Madras School of Social Work. She is enthusiastic about working with the youth and has conducted several training sessions for children. Her passion lies in teaching and counselling the younger generation.



#### Ms A Prasanthi

Assistant Professor

Ms A.Prasanthi has completed her M.sc in Applied Psychology from Women's Christian College, Chennai and M.Phil in Guidance and Counselling from Mother Teresa Women's University, Kodaikanal. She has conducted career guidance sessions to school students. She is more interested in working with adolescents.

### **Programs Offered**

The institute in collaboration with Alagappa University, Karaikudi offers the following programs

#### **ELIGIBILTY**

A pass in any bachelor's degree from any recognized University/ Institutes accepted as equivalent there to by the Syndicate of Alagappa University, Karaikudi.

#### **MSc in Applied Psychology**

It is a regular course that is conducted for two years - Four semesters.

#### MSW in Mental Health

It is a regular course that is conducted for two years - Four semesters.

#### PG Diploma in School Counselling (PGDSC)

It is a weekend course that is conducted for one year.

#### PG Diploma in Mental Health (PGDMH)

It is a weekend course that is conducted for one year.

## Course Structure MSc Applied Psychology

Semester	Subjects
First	<ul> <li>Introduction to Psychology</li> <li>Developmental Psychology</li> <li>Educational Psychology</li> <li>Social Psychology</li> <li>Communist Psychology</li> </ul>
Second	<ul> <li>Biological Foundations of Behavior</li> <li>Psychopathology I</li> <li>Behavior Modification</li> <li>Psychological Testing I</li> <li>Internship - Educational Setting</li> </ul>
Third	<ul> <li>Introduction to counselling</li> <li>Psychopathology II</li> <li>Psychotherapies I</li> <li>Research Methodology in Psychology</li> <li>Psychological Testing II</li> <li>Clinical Internship</li> </ul>
Fourth	<ul> <li>Positive Psychology</li> <li>Organizational Behavior</li> <li>Psychotherapies II</li> <li>Clinical Internship</li> <li>Research Project Report</li> </ul>

• syllabus is subjected to revision

### Course Structure MSW in Mental Health

Semester	Subjects		
First	<ul> <li>Introduction to Professional Social Work</li> <li>Understanding Society</li> <li>Understanding Human Behavior</li> <li>Social Casework</li> <li>Social Group Work</li> <li>Field Work Practical - I</li> </ul>		
Second	<ul> <li>Community Organization</li> <li>Social work Research and</li> <li>Statistics</li> <li>Social Welfare Administration</li> <li>and Social Legislation</li> <li>Poverty and Development</li> <li>Field Work Practical-II</li> </ul>		
Third	<ul> <li>Introduction to Mental Health</li> <li>Understanding mental disorders I</li> <li>Fundamentals of Counselling</li> <li>Community Mental Health</li> <li>Institutional Based Field Work</li> </ul>		
Fourth	<ul> <li>Understanding Mental Disorders II</li> <li>Mental Health Advocacy</li> <li>Psycho-Social Rehabilitation</li> <li>Research Project Work</li> <li>Community-Based Field Work</li> </ul>		

• syllabus is subjected to revision

## Course Structure PG Diploma in School Counselling

#### **Subjects**

- Understanding School Eco System
- · Basics of Human Behavior
- Introduction to Mental Health
- Mental Health Problems of Children
- and Adolescent
- · Fundamentals of Counselling
- Educational Psychology
- · Psychological Assessment Lab
- Clinical Internship

## Course Structure PG Diploma in Mental Health

#### **Subjects**

- · Introduction to Mental Health
- Psychopathology in Childhood and
- Adolescence
- Psychopathology in Adulthood
- Fundamentals of Counselling
- Psycho Social Rehabilitation
- · Community Mental Health
- Mental Health Advocacy
- Social Sciences Research and Statistics
- Field Work

## **Course Fee for PG Courses**

Item	Sem I	Sem II	Sem III	Sem IV
Admission Fee	500	-	-	-
Tuition Fee	10,000	10,000	10,000	10,000
Library & Psychological Laboratory	1000			
Clinical Internship	-	2000	2000	2000
Campus Development	1000		1000	
Certificate Course	2000	-	2000	
Field Exposure Visit	1000	-	-	-
Study Tour	-	2000		
Placement Support	-	-	1000	
Total	15,500	14,000	16,000	12,000

## Course Fee for PG Diploma Courses

Course	Total Fee
PG Diploma in School Counselling	15,000
PG Diploma in Mental Health	15,000

## Course Fee Payment Guidelines

- 1. The first-semester fee must be paid at the time of admission.
- 2. The consecutive semester fees must be paid within the dates specified by the institute.
- 3. Non payment of the fees within the payment schedule will result in removal of student from the roll.
- 4. The fee is subject to revision.
- 5. No refunds will be provided under any circumstances.
- 6. In case of discontinuation of the course the current semester fee has to be paid by the PG student and the full course fee has to be paid by PGD student.
- 7. Students will bear all the other charges related to exams and other fee prescribed by the university separately.

## Process of awarding scholarship

#### Eligibility:

Candidates with consistent academic performance, with no backlogs and who are socioeconomically deserving will be awarded merit scholarships.

Value of Scholarship:

INR 10,000 per year

#### Process of awarding scholarship:

- Scholarship application has to be submitted by the candidate.
- Scrutiny of the application based on academic record and socio - economic condition of the family.
- · Personal interview of the shortlisted candidates.
- · Announcement of scholarships.

### **Admission Guidelines**

- 1. Applicants should fulfill all the eligibility requirements at the time of admission.
- 2. In the case of students awaiting their final results, their admission will be provisional.
- 3. All the details provided in the application form have to be correct and precise. No changes will be allowed after the submission of the application form.
- 4. Applicants must provide a valid phone number and email address. All communications will be made only through the number and email address provided in the application form.
- 5. Application fee once paid will not be refunded under any circumstances.
- 6. Once selected, the applicant must submit the original mark sheets, Transfer certificate, and Degree certificate at the time of admission failing which their admission will be cancelled.
- 7. Applicants who are awaiting the results of the qualifying examination at the time of application and who have not received their final year mark sheet / provisional certificate /Transfer certificate, as the case may be, should submit all such certificates mandatory for admission to the institute before the start of classes.

## For inquiries, contact us.

www.mscimhr.com mscimhr@gmail.com +91 9629911357 Plot 7, 5th street, Lake area (near Maatuthavani), Madurai - 625107

Find the application below! Apply now!

## GUIDELINES TO FILL IN THE APPLICATION

- 1. Please follow the instructions given in the application form to fill in the details.
- 2. Ensure that all the relevant facts are filled in. Incomplete application forms will not be accepted.
- 3. Ensure all the self-attested photocopies of the following documents are attached:
- 12th Marksheet
- UG degree certificate or provisional certificate till the degree certificate is issued.
- 5th-semester mark sheet (those in the final semester), 6th-semester results
- TC from the previous educational institution (if applicable)
- 2 passport-sized photographs (excluding the one in the application)
- Aadhar card
- The photo attached to the application form has to be self-attested.
- 4. Send a scanned copy of the attached documents to mscimhr@gmail.com for uploading to the university portal.
- 6. Please pay the application fee of RS. 360/- to the following bank account:

ACCOUNT NAME: M.S.Chellamuthu Trust and Research Foundation

BANK NAME: Punjab National Bank

BRANCH: Anna Nagar, Madurai-625020

ACCOUNT NUMBER: 3970002100011240

IFSC CODE: PUNB 0397000

#### REFUNDS WILL NOT BE PROVIDED UNDER ANY CIRCUMSTANCES.

7. Once the payment is made, please send the hard copy of the application form, along with required documents, with the PROOF OF PAYMENT to:

The Principal,

MS Chellamuthu Institute of Mental Health and Rehabilitation,

Plot 7, 5th street, Lake area (near Maatuthavani),

Madurai - 625107 Ph. No: 9629911357

